



# Para MultiSport

HALIFAX

Sport opportunities for people with a disability are not always well known.

The Para-Multi-Sport Halifax is an opportunity to try different sport opportunities offered in the community. It highlights opportunities for persons of all abilities to participate in sport, become an athlete, and go as far as their ability and motivation will take them.

Organizations and leaders have created a safe, welcoming and inclusive environment for participants with developmentally appropriate instruction, adapted equipment and facilities. With the Para multi-sport Halifax program participants will nurture the desire and confidence to participate for life.

All sessions will be delivered by certified sport coaches and recreation leaders. Each lesson focuses on developing physical literacy through skill development and fun.

This camp is open for persons with upper body strength and accessible for wheelchair and non-wheelchair users.

**Starting Sept 2017 through to June 2018**

1 time registration fee of **\$100**

JUMPSTART Assistance available through the Canada Games Centre

**For more information:**

[canadagamescentre.ca](http://canadagamescentre.ca)

**902-490-2400**

[info@canadagamescentre.ca](mailto:info@canadagamescentre.ca)

Program open for those age 8-16 years old



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